# Moments of the distance between independent random vectors (based on a joint work with Assaf Naor)

Krzysztof Oleszkiewicz

University of Warsaw

Concentration of measure phenomena Simons Institute, Berkeley (on-line) October 22, 2020 A. Naor and K. Oleszkiewicz, Moments of the distance between independent random vectors, in: Geometric Aspects of Functional Analysis, Israel Seminar (GAFA) 2017–2019, Volume II, editors: Bo'az Klartag and Emanuel Milman, Lect. Notes in Math. 2266, Springer Nature Switzerland AG 2020, pages 229–256.

Let F be a separable Banach space and let X and Y be **independent** F-valued random vectors.

If  $\mathbb{E}\|X\|_F, \mathbb{E}\|Y\|_F < \infty$ , then the pointwise triangle inequality

$$||X - Y||_F \le ||X - z||_F + ||Y - z||_F,$$

true for every  $z \in F$ , implies

$$\mathbb{E}||X - Y||_F \le \inf_{z \in F} \mathbb{E}(||X - z||_F + ||Y - z||_F)$$

To what extent can this type of bound be reversed?

Independence of X and Y excludes  $X \equiv Y$  (unless constant a.s.)

Let F be a separable Banach space and let X and Y be **independent** F-valued random vectors.

If  $\mathbb{E}\|X\|_F, \mathbb{E}\|Y\|_F < \infty$ , then the pointwise triangle inequality

$$||X - Y||_F \le ||X - z||_F + ||Y - z||_F,$$

true for every  $z \in F$ , implies

$$\mathbb{E}||X - Y||_F \le \inf_{z \in F} \mathbb{E}(||X - z||_F + ||Y - z||_F).$$

To what extent can this type of bound be reversed?

Independence of X and Y excludes  $X \equiv Y$  (unless constant a.s.)

Let F be a separable Banach space and let X and Y be independent F-valued random vectors.

If  $\mathbb{E}\|X\|_F, \mathbb{E}\|Y\|_F < \infty$ , then the pointwise triangle inequality

$$||X - Y||_F \le ||X - z||_F + ||Y - z||_F,$$

true for every  $z \in F$ , implies

$$\mathbb{E}||X - Y||_F \le \inf_{z \in F} \mathbb{E}(||X - z||_F + ||Y - z||_F).$$

To what extent can this type of bound be reversed?

Independence of X and Y excludes  $X \equiv Y$  (unless constant a.s.)

Let F be a separable Banach space and let X and Y be independent F-valued random vectors.

If  $\mathbb{E}\|X\|_F, \mathbb{E}\|Y\|_F < \infty$ , then the pointwise triangle inequality

$$||X - Y||_F \le ||X - z||_F + ||Y - z||_F,$$

true for every  $z \in F$ , implies

$$\mathbb{E}||X - Y||_F \le \inf_{z \in F} \mathbb{E}(||X - z||_F + ||Y - z||_F).$$

To what extent can this type of bound be reversed?

Independence of X and Y excludes  $X \equiv Y$  (unless constant a.s.).

#### Concentration

Let Z be an F-valued random vector with distribution defined by

$$\mathcal{L}(Z) = \frac{1}{2}\mathcal{L}(X) + \frac{1}{2}\mathcal{L}(Y),$$

so that

$$\mathbb{P}(Z \in A) = (\mathbb{P}(X \in A) + \mathbb{P}(Y \in A))/2$$

for every Borel subet A of F.

Then  $\mathbb{E}||X - z||_F + \mathbb{E}||Y - z||_F = 2 \mathbb{E}||Z - z||_F$ , i.e., the expression

$$\inf_{z \in F} \left( \mathbb{E} \|X - z\|_F + \mathbb{E} \|Y - z\|_F \right) = 2 \inf_{z \in F} \mathbb{E} \|Z - z\|_F$$

is a measure of concentration of the mixture Z of X and Y

#### Concentration

Let Z be an F-valued random vector with distribution defined by

$$\mathcal{L}(Z) = \frac{1}{2}\mathcal{L}(X) + \frac{1}{2}\mathcal{L}(Y),$$

so that

$$\mathbb{P}(Z \in A) = (\mathbb{P}(X \in A) + \mathbb{P}(Y \in A))/2$$

for every Borel subet A of F.

Then  $\mathbb{E}\|X-z\|_F+\mathbb{E}\|Y-z\|_F=2\,\mathbb{E}\|Z-z\|_F$ , i.e., the expression

$$\inf_{z \in F} (\mathbb{E} ||X - z||_F + \mathbb{E} ||Y - z||_F) = 2 \inf_{z \in F} \mathbb{E} ||Z - z||_F$$

is a measure of concentration of the mixture Z of X and Y.

Given a separable Banach space  $(F, \|\cdot\|_F)$ , we define a number of geometric moduli.

To start with, given p>0 (usually  $p\geq 1$ ), let  $b_p(F)=b_p(F,\|\cdot\|_F)$  be the infimum over those b>0 for which every pair of independent F-valued random vectors X,Y with finite p-th moments (i.e.,  $\mathbb{E}\|X\|_F^p, \mathbb{E}\|Y\|_F^p < \infty$ ) satisfies

$$\inf_{z \in F} \mathbb{E} (\|X - z\|_F^p + \|Y - z\|_F^p) \le b \cdot \mathbb{E} \|X - Y\|_F^p$$

The use of letter "b" in this notation comes from Riemannian/Alexandrov geometry – it refers to the geometric barycenter in the context of Hadamard spaces (complete simply connected spaces whose Alexandrov curvature is nonpositive).

For every F and  $p \ge 1$ , there is  $b_p \le 2(3/2)^p$ The bound cannot be improved in general.

Given a separable Banach space  $(F, \|\cdot\|_F)$ , we define a number of geometric moduli.

To start with, given p>0 (usually  $p\geq 1$ ), let  $b_p(F)=b_p(F,\|\cdot\|_F)$  be the infimum over those b>0 for which every pair of independent F-valued random vectors X,Y with finite p-th moments (i.e.,  $\mathbb{E}\|X\|_F^p, \mathbb{E}\|Y\|_F^p<\infty$ ) satisfies

$$\inf_{z \in F} \mathbb{E}\left(\|X - z\|_F^p + \|Y - z\|_F^p\right) \le b \cdot \mathbb{E}\|X - Y\|_F^p.$$

The use of letter "b" in this notation comes from Riemannian/Alexandrov geometry – it refers to the geometric barycenter in the context of Hadamard spaces (complete simply connected spaces whose Alexandrov curvature is nonpositive).

For every F and  $p \ge 1$ , there is  $b_p \le 2(3/2)^p$ The bound cannot be improved in general.

Given a separable Banach space  $(F, \|\cdot\|_F)$ , we define a number of geometric moduli.

To start with, given p>0 (usually  $p\geq 1$ ), let  $b_p(F)=b_p(F,\|\cdot\|_F)$  be the infimum over those b>0 for which every pair of independent F-valued random vectors X,Y with finite p-th moments (i.e.,  $\mathbb{E}\|X\|_F^p, \mathbb{E}\|Y\|_F^p<\infty$ ) satisfies

$$\inf_{z \in F} \mathbb{E}\left(\|X - z\|_F^p + \|Y - z\|_F^p\right) \le b \cdot \mathbb{E}\|X - Y\|_F^p.$$

The use of letter "b" in this notation comes from Riemannian/Alexandrov geometry – it refers to the geometric barycenter in the context of Hadamard spaces (complete simply connected spaces whose Alexandrov curvature is nonpositive).

For every F and  $p \ge 1$ , there is  $b_p \le 2(3/2)^p$ The bound cannot be improved in general.

Given a separable Banach space  $(F, \|\cdot\|_F)$ , we define a number of geometric moduli.

To start with, given p>0 (usually  $p\geq 1$ ), let  $b_p(F)=b_p(F,\|\cdot\|_F)$  be the infimum over those b>0 for which every pair of independent F-valued random vectors X,Y with finite p-th moments (i.e.,  $\mathbb{E}\|X\|_F^p, \mathbb{E}\|Y\|_F^p<\infty$ ) satisfies

$$\inf_{z\in F} \mathbb{E}\left(\|X-z\|_F^p + \|Y-z\|_F^p\right) \leq b \cdot \mathbb{E}\|X-Y\|_F^p.$$

The use of letter "b" in this notation comes from Riemannian/Alexandrov geometry – it refers to the geometric barycenter in the context of Hadamard spaces (complete simply connected spaces whose Alexandrov curvature is nonpositive).

For every F and  $p \ge 1$ , there is  $b_p \le 2(3/2)^p$ . The bound cannot be improved in general.

#### M for mixture

Given  $p \ge 1$ , let  $m_p(F) = m_p(F, \|\cdot\|_F)$  be the infimum over those m > 0 for which every pair of independent F-valued random vectors X, Y with finite p-th moments satisfies

$$\mathbb{E}\left(\left\|X - \frac{\mathbb{E}X + \mathbb{E}Y}{2}\right\|_{F}^{p} + \left\|Y - \frac{\mathbb{E}X + \mathbb{E}Y}{2}\right\|_{F}^{p}\right) \leq m \cdot \mathbb{E}\|X - Y\|_{F}^{p},$$

or, equivalently,

$$2 \mathbb{E} ||Z - \mathbb{E}Z||_F^p \le m \cdot \mathbb{E} ||X - Y||_F^p.$$

Obviously,  $b_p(F) \leq m_p(F)$  for every F and  $p \geq 1$ To see it, choose  $z = \mathbb{E}Z = (\mathbb{E}X + \mathbb{E}Y)/2$ .

#### M for mixture

Given  $p \ge 1$ , let  $m_p(F) = m_p(F, \|\cdot\|_F)$  be the infimum over those m > 0 for which every pair of independent F-valued random vectors X, Y with finite p-th moments satisfies

$$\mathbb{E}\left(\left\|X - \frac{\mathbb{E}X + \mathbb{E}Y}{2}\right\|_{F}^{p} + \left\|Y - \frac{\mathbb{E}X + \mathbb{E}Y}{2}\right\|_{F}^{p}\right) \leq m \cdot \mathbb{E}\|X - Y\|_{F}^{p},$$

or, equivalently,

$$2 \mathbb{E} ||Z - \mathbb{E}Z||_F^p \le m \cdot \mathbb{E} ||X - Y||_F^p$$

Obviously,  $b_p(F) \le m_p(F)$  for every F and  $p \ge 1$ To see it, choose  $z = \mathbb{E}Z = (\mathbb{E}X + \mathbb{E}Y)/2$ .

#### M for mixture

Given  $p \ge 1$ , let  $m_p(F) = m_p(F, \|\cdot\|_F)$  be the infimum over those m > 0 for which every pair of independent F-valued random vectors X, Y with finite p-th moments satisfies

$$\mathbb{E}\left(\left\|X - \frac{\mathbb{E}X + \mathbb{E}Y}{2}\right\|_{F}^{p} + \left\|Y - \frac{\mathbb{E}X + \mathbb{E}Y}{2}\right\|_{F}^{p}\right) \leq m \cdot \mathbb{E}\|X - Y\|_{F}^{p},$$

or, equivalently,

$$2 \mathbb{E} \|Z - \mathbb{E}Z\|_F^p \le m \cdot \mathbb{E} \|X - Y\|_F^p.$$

Obviously,  $b_p(F) \leq m_p(F)$  for every F and  $p \geq 1$ . To see it, choose  $z = \mathbb{E}Z = (\mathbb{E}X + \mathbb{E}Y)/2$ .

#### R for roundness

Given p > 0 (usually  $p \ge 1$ ), let  $r_p(F) = r_p(F, \|\cdot\|_F)$  be the infimum over those r > 0 for which every pair of independent F-valued random vectors X, Y with finite p-th moments satisfies

$$\mathbb{E}(\|X - X'\|_F^p + \|Y - Y'\|_F^p) \le r \cdot \mathbb{E}\|X - Y\|_F^p,$$

where X' and Y' are independent copies of X and Y, respectively.

#### J for Jensen

Given  $p \ge 1$ , let  $j_p(F) = j_p(F, \|\cdot\|_F)$  be the supremum over those i > 0 for which every pair of independent and identically distributed F-valued random vectors Z, Z' with finite p-th moments satisfies

$$j \cdot \mathbb{E} ||Z - \mathbb{E}Z||_F^p \le \mathbb{E} ||Z - Z'||_F^p.$$

$$j_{p} \cdot \left(\mathbb{E}||X - \mathbb{E}Z||_{F}^{p} + \mathbb{E}||Y - \mathbb{E}Z||_{F}^{p}\right) = 2j_{p} \,\mathbb{E}||Z - \mathbb{E}Z||_{F}^{p} \leq 2 \,\mathbb{E}||Z - Z'||_{F}^{p}$$

$$= \mathbb{E} \|X - Y\|_F^p + \frac{\mathbb{E} \|X - X'\|_F^p + \mathbb{E} \|Y - Y'\|_F^p}{2} \le \left(1 + \frac{r_p}{2}\right) \mathbb{E} \|X - Y\|_F^p.$$

#### J for Jensen

Given  $p \ge 1$ , let  $j_p(F) = j_p(F, \|\cdot\|_F)$  be the supremum over those j > 0 for which every pair of independent **and identically distributed** F-valued random vectors Z, Z' with finite p-th moments satisfies

$$j \cdot \mathbb{E} || Z - \mathbb{E} Z ||_F^p \le \mathbb{E} || Z - Z' ||_F^p.$$

Obviously, by Jensen's inequality, always  $j_p(F) \ge 1$ .

For every  $p \geq 1$  and every F, we have  $m_p(F) \leq rac{2+r_p(F)}{2j_p(F)}$  :

$$j_{p} \cdot \left( \mathbb{E} \|X - \mathbb{E}Z\|_{F}^{p} + \mathbb{E} \|Y - \mathbb{E}Z\|_{F}^{p} \right) = 2j_{p} \, \mathbb{E} \|Z - \mathbb{E}Z\|_{F}^{p} \le 2 \, \mathbb{E} \|Z - Z'\|_{F}^{p}$$

$$= \mathbb{E} \|X - Y\|_F^p + \frac{\mathbb{E} \|X - X'\|_F^p + \mathbb{E} \|Y - Y'\|_F^p}{2} \le \left(1 + \frac{r_p}{2}\right) \mathbb{E} \|X - Y\|_F^p.$$

#### J for Jensen

Given  $p \ge 1$ , let  $j_p(F) = j_p(F, \|\cdot\|_F)$  be the supremum over those j > 0 for which every pair of independent **and identically distributed** F-valued random vectors Z, Z' with finite p-th moments satisfies

$$j \cdot \mathbb{E} ||Z - \mathbb{E}Z||_F^p \le \mathbb{E} ||Z - Z'||_F^p$$
.

Obviously, by Jensen's inequality, always  $j_p(F) \ge 1$ .

For every  $p \geq 1$  and every F, we have  $m_p(F) \leq \frac{2+r_p(F)}{2j_p(F)}$ :

$$j_{p}\cdot\left(\mathbb{E}||X-\mathbb{E}Z||_{F}^{p}+\mathbb{E}||Y-\mathbb{E}Z||_{F}^{p}\right)=2j_{p}\,\mathbb{E}||Z-\mathbb{E}Z||_{F}^{p}\leq 2\,\mathbb{E}||Z-Z'||_{F}^{p}$$

$$= \mathbb{E} \|X - Y\|_F^p + \frac{\mathbb{E} \|X - X'\|_F^p + \mathbb{E} \|Y - Y'\|_F^p}{2} \le \left(1 + \frac{r_p}{2}\right) \mathbb{E} \|X - Y\|_F^p.$$

**Theorem:** For every  $p, q \in [1, \infty)$  we have  $j_p(L_q) = 2^{c(p,q)}$ , where

$$c(p,q) = \min\left(1, p-1, \frac{p}{q}, \frac{(q-1)p}{q}\right).$$

For every  $1 \leq p \leq q \leq 2$  we have  $b_p(L_q) = m_p(L_q) = 2^{2-p}$  .

Let 
$$p, q \in (1, \infty)$$
.

If 
$$\frac{p}{p-1} \le q \le p$$
, then  $r_p(L_q) = 2^{p-1}$ .

If 
$$\frac{q}{q-1} \le p \le q$$
, then  $r_p(L_q) = 2^{\frac{(q-2)p}{q}+1}$ .

If 
$$1 \le p \le q \le 2$$
, then  $r_p(L_q) = 2$ 

**Theorem:** For every  $p, q \in [1, \infty)$  we have  $j_p(L_q) = 2^{c(p,q)}$ , where

$$c(p,q) = \min\left(1, p-1, \frac{p}{q}, \frac{(q-1)p}{q}\right).$$

For every  $1 \leq p \leq q \leq 2$  we have  $b_p(L_q) = m_p(L_q) = 2^{2-p}$ .

Let 
$$p, q \in (1, \infty)$$
.

If 
$$\frac{p}{p-1} \le q \le p$$
, then  $r_p(L_q) = 2^{p-1}$ .

If 
$$\frac{q}{q-1} \le p \le q$$
, then  $r_p(L_q) = 2^{\frac{(q-2)p}{q}+1}$ .

If 
$$1 \le p \le q \le 2$$
, then  $r_p(L_q) = 2$ .

**Theorem:** For every  $p, q \in [1, \infty)$  we have  $j_p(L_q) = 2^{c(p,q)}$ , where

$$c(p,q) = \min\left(1, p-1, \frac{p}{q}, \frac{(q-1)p}{q}\right).$$

For every  $1 \leq p \leq q \leq 2$  we have  $b_p(L_q) = m_p(L_q) = 2^{2-p}$ .

Let  $p, q \in (1, \infty)$ .

If 
$$\frac{p}{p-1} \le q \le p$$
, then  $r_p(L_q) = 2^{p-1}$ .

If 
$$\frac{q}{q-1} \leq p \leq q$$
, then  $r_p(L_q) = 2^{\frac{(q-2)p}{q}+1}$ .

If 
$$1 \le p \le q \le 2$$
, then  $r_p(L_q) = 2$ .

**Theorem:** For every  $p, q \in [1, \infty)$  we have  $j_p(L_q) = 2^{c(p,q)}$ , where

$$c(p,q) = \min\left(1, p-1, \frac{p}{q}, \frac{(q-1)p}{q}\right).$$

For every  $1 \leq p \leq q \leq 2$  we have  $b_p(L_q) = m_p(L_q) = 2^{2-p}$ .

Let  $p, q \in (1, \infty)$ .

If 
$$\frac{p}{p-1} \leq q \leq p$$
, then  $r_p(L_q) = 2^{p-1}$ .

If 
$$\frac{q}{q-1} \leq p \leq q$$
, then  $r_p(L_q) = 2^{\frac{(q-2)p}{q}+1}$ .

If 
$$1 \le p \le q \le 2$$
, then  $r_p(L_q) = 2$ .

**Theorem:** For every  $p, q \in [1, \infty)$  we have  $j_p(L_q) = 2^{c(p,q)}$ , where

$$c(p,q) = \min\left(1, p-1, \frac{p}{q}, \frac{(q-1)p}{q}\right).$$

For every  $1 \leq p \leq q \leq 2$  we have  $b_p(L_q) = m_p(L_q) = 2^{2-p}$ .

Let  $p, q \in (1, \infty)$ .

If 
$$\frac{p}{p-1} \leq q \leq p$$
, then  $r_p(L_q) = 2^{p-1}$ .

If 
$$\frac{q}{q-1} \leq p \leq q$$
, then  $r_p(L_q) = 2^{\frac{(q-2)p}{q}+1}$ .

If 
$$1 \le p \le q \le 2$$
, then  $r_p(L_q) = 2$ .

# Complex interpolation

- 1. Express  $L_q$  as an interpolation space between  $L_2$  and  $L_Q$ .
- 2. Choose the right operator. Prove that it satisfies a simple  $L_{\infty}(L_Q) \to L_{\infty}(L_Q)$  norm bound and (via spectral methods) a more subtle  $L_2(L_2) \to L_2(L_2)$  norm bound.
- 3. Bound the operator's  $L_p(L_q) \to L_p(L_q)$  norm using complex interpolation methods.
- 4. Read from it a bound on the geometric modulus (here the choice of the "right operator" plays a crucial role).
- 5. If lucky enough, find an example indicating that the obtained bound on the geometric modulus cannot be improved (thus establishing the exact value of the modulus).
- 6. Try using first the interpolation trick for some other moduli and then taking advantage of some relation between moduli. Sometimes it works better than the straightforward approach described above.
- 7. Try to improve the obtained bounds, if they are not optimal, by using some other tricks (e.g. non-linear isometric embeddings). The same for Schatten classes (noncommutative counterpart of  $L_a$ ).

### Interpolation picture

$$T: L_Q \xrightarrow{L_\infty \to L_\infty} L_Q$$

$$T: L_q \xrightarrow{L_p \to L_p} L_q \qquad L_q = [L_Q, L_2]_\theta, \quad \frac{1}{q} = \frac{1-\theta}{Q} + \frac{\theta}{2}, \quad \frac{1}{p} = \frac{1-\theta}{\infty} + \frac{\theta}{2}$$

$$T: L_2 \xrightarrow{L_2 \to L_2} L_2$$

01

$$T: L_{Q} \xrightarrow{L_{1} \to L_{1}} L_{Q}$$

$$T: L_{q} \xrightarrow{L_{p} \to L_{p}} L_{q} \qquad L_{q} = [L_{Q}, L_{2}]_{\theta}, \quad \frac{1}{q} = \frac{1-\theta}{Q} + \frac{\theta}{2}, \quad \frac{1}{p} = \frac{1-\theta}{1} + \frac{\theta}{2}$$

$$T: L_{2} \xrightarrow{L_{2} \to L_{2}} L_{2}$$

**Caveat:** When playing with the interpolation parameter  $\theta \in [0,1]$ , avoid  $Q>\infty$  and Q<1!

### Interpolation picture

$$T: L_{Q} \xrightarrow{L_{\infty} \to L_{\infty}} L_{Q}$$

$$T: L_{q} \xrightarrow{L_{p} \to L_{p}} L_{q} \qquad L_{q} = [L_{Q}, L_{2}]_{\theta}, \quad \frac{1}{q} = \frac{1-\theta}{Q} + \frac{\theta}{2}, \quad \frac{1}{p} = \frac{1-\theta}{\infty} + \frac{\theta}{2}$$

$$T: L_{2} \xrightarrow{L_{2} \to L_{2}} L_{2}$$

or

$$T: L_{Q} \xrightarrow{L_{1} \to L_{1}} L_{Q}$$

$$T: L_{q} \xrightarrow{L_{p} \to L_{p}} L_{q}$$

$$L_{q} = [L_{Q}, L_{2}]_{\theta}, \quad \frac{1}{q} = \frac{1-\theta}{Q} + \frac{\theta}{2}, \quad \frac{1}{p} = \frac{1-\theta}{1} + \frac{\theta}{2}$$

$$T: L_{2} \xrightarrow{L_{2} \to L_{2}} L_{2}$$

**Caveat:** When playing with the interpolation parameter  $\theta \in [0,1]$  avoid  $Q>\infty$  and Q<1!

### Interpolation picture

$$T: L_{Q} \xrightarrow{L_{\infty} \to L_{\infty}} L_{Q}$$

$$T: L_{q} \xrightarrow{L_{p} \to L_{p}} L_{q} \qquad L_{q} = [L_{Q}, L_{2}]_{\theta}, \quad \frac{1}{q} = \frac{1-\theta}{Q} + \frac{\theta}{2}, \quad \frac{1}{p} = \frac{1-\theta}{\infty} + \frac{\theta}{2}$$

$$T: L_{2} \xrightarrow{L_{2} \to L_{2}} L_{2}$$

or

$$T: L_{Q} \xrightarrow{L_{1} \to L_{1}} L_{Q}$$

$$T: L_{q} \xrightarrow{L_{p} \to L_{p}} L_{q}$$

$$L_{q} = [L_{Q}, L_{2}]_{\theta}, \quad \frac{1}{q} = \frac{1-\theta}{Q} + \frac{\theta}{2}, \quad \frac{1}{p} = \frac{1-\theta}{1} + \frac{\theta}{2}$$

$$T: L_{2} \xrightarrow{L_{2} \to L_{2}} L_{2}$$

**Caveat:** When playing with the interpolation parameter  $\theta \in [0, 1]$ , avoid  $Q > \infty$  and Q < 1!

# Operator used in the proof of $j_p(L_q)$ bounds

Let  $Z:(\Omega,\mu) \to \mathcal{H}$ , where  $\mathcal{H} \simeq L_2$  is a separable Hilbert space. For  $L_2(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu)$  let S denote the orthogonal projection to the closed linear subspace of functions of the form  $f(x,y) = \Phi(x) - \Phi(y)$  for  $\Phi:\Omega \to \mathcal{H}$  with  $\int_\Omega \Phi \,\mathrm{d}\mu = 0$ .

Thus, (Sf)(x,y) = (Tf)(x) - (Tf)(y) for some Tf. One can easily check that

$$(Tf)(x) = \int_{\Omega} \frac{f(x,z) - f(z,x)}{2} d\mu(z),$$

so that  $T: L_2(\Omega imes \Omega o \mathcal{H}, \mu \otimes \mu) o L_2(\Omega o \mathcal{H}, \mu)$  is linear.

Since (Tf)(Z) and (Tf)(Z') are independent

$$||f||_{L_{2}(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)}^{2} \geq ||Sf||_{L_{2}(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)}^{2}$$

$$= ||(T\otimes \mathsf{Id}_{\mathcal{H}})f||_{L_{2}(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)}^{2} + ||(\mathsf{Id}_{\mathcal{H}}\otimes T)f||_{L_{2}(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)}^{2}$$

$$= 2||Tf||_{L_{2}(\Omega\to\mathcal{H},\mu)}^{2}.$$

# Operator used in the proof of $j_p(L_q)$ bounds

Let  $Z:(\Omega,\mu) \to \mathcal{H}$ , where  $\mathcal{H} \simeq L_2$  is a separable Hilbert space. For  $L_2(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu)$  let S denote the orthogonal projection to the closed linear subspace of functions of the form  $f(x,y) = \Phi(x) - \Phi(y)$  for  $\Phi:\Omega \to \mathcal{H}$  with  $\int_\Omega \Phi \,\mathrm{d}\mu = 0$ .

Thus, (Sf)(x,y) = (Tf)(x) - (Tf)(y) for some Tf. One can easily check that

$$(Tf)(x) = \int_{\Omega} \frac{f(x,z) - f(z,x)}{2} d\mu(z),$$

so that  $T: L_2(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu) \to L_2(\Omega \to \mathcal{H}, \mu)$  is linear.

Since (Tf)(Z) and (Tf)(Z') are independent

$$||f||_{L_{2}(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu)}^{2} \geq ||Sf||_{L_{2}(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu)}^{2}$$

$$= ||(T \otimes \mathsf{Id}_{\mathcal{H}})f||_{L_{2}(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu)}^{2} + ||(\mathsf{Id}_{\mathcal{H}} \otimes T)f||_{L_{2}(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu)}^{2}$$

$$= 2||Tf||_{L_{2}(\Omega \to \mathcal{H}, \mu)}^{2}.$$

# Operator used in the proof of $j_p(L_q)$ bounds

Let  $Z:(\Omega,\mu) \to \mathcal{H}$ , where  $\mathcal{H} \simeq L_2$  is a separable Hilbert space. For  $L_2(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu)$  let S denote the orthogonal projection to the closed linear subspace of functions of the form  $f(x,y) = \Phi(x) - \Phi(y)$  for  $\Phi:\Omega \to \mathcal{H}$  with  $\int_\Omega \Phi \,\mathrm{d}\mu = 0$ .

Thus, (Sf)(x,y) = (Tf)(x) - (Tf)(y) for some Tf. One can easily check that

$$(Tf)(x) = \int_{\Omega} \frac{f(x,z) - f(z,x)}{2} d\mu(z),$$

so that  $T: L_2(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu) \to L_2(\Omega \to \mathcal{H}, \mu)$  is linear.

Since (Tf)(Z) and (Tf)(Z') are independent,

$$||f||_{L_{2}(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)}^{2} \geq ||Sf||_{L_{2}(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)}^{2}$$

$$= ||(T\otimes \mathsf{Id}_{\mathcal{H}})f||_{L_{2}(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)}^{2} + ||(\mathsf{Id}_{\mathcal{H}}\otimes T)f||_{L_{2}(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)}^{2}$$

$$= 2||Tf||_{L_{2}(\Omega\to\mathcal{H},\mu)}^{2}.$$

# Operator T norm bound

We have proved that, for T given by

$$(Tf)(x) = \int_{\Omega} \frac{f(x,z) - f(z,x)}{2} d\mu(z),$$

we have

$$\|T\|_{L_2(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu) \to L_2(\Omega \to \mathcal{H}, \mu)} \le \sqrt{2}/2.$$

On the other hand, by the triangle inequality for any Banach space F we have, for  $\mathcal{T}$  defined by the same formula,

$$||T||_{L_{\infty}(\Omega \times \Omega \to F, \mu \otimes \mu) \to L_{\infty}(\Omega \to F, \mu)} \le 1$$

and

$$||T||_{L_1(\Omega \times \Omega \to F, \mu \otimes \mu) \to L_1(\Omega \to F, \mu)} \le 1$$

It remains to interpolate the norm bound and apply it to f(x,y) = Z(x) - Z(y), for which  $Tf = Z - \mathbb{E}Z$ .

# Operator T norm bound

We have proved that, for T given by

$$(Tf)(x) = \int_{\Omega} \frac{f(x,z) - f(z,x)}{2} d\mu(z),$$

we have

$$||T||_{L_2(\Omega \times \Omega \to \mathcal{H}, \mu \otimes \mu) \to L_2(\Omega \to \mathcal{H}, \mu)} \le \sqrt{2}/2.$$

On the other hand, by the triangle inequality for **any** Banach space F we have, for  $\mathcal{T}$  defined by the same formula,

$$||T||_{L_{\infty}(\Omega \times \Omega \to F, \mu \otimes \mu) \to L_{\infty}(\Omega \to F, \mu)} \le 1$$

and

$$||T||_{L_1(\Omega \times \Omega \to F, \mu \otimes \mu) \to L_1(\Omega \to F, \mu)} \le 1.$$

It remains to interpolate the norm bound and apply it to f(x,y) = Z(x) - Z(y), for which  $Tf = Z - \mathbb{E}Z$ .

# Operator T norm bound

We have proved that, for T given by

$$(Tf)(x) = \int_{\Omega} \frac{f(x,z) - f(z,x)}{2} d\mu(z),$$

we have

$$||T||_{L_2(\Omega\times\Omega\to\mathcal{H},\mu\otimes\mu)\to L_2(\Omega\to\mathcal{H},\mu)}\leq \sqrt{2}/2.$$

On the other hand, by the triangle inequality for **any** Banach space F we have, for  $\mathcal{T}$  defined by the same formula,

$$||T||_{L_{\infty}(\Omega \times \Omega \to F, \mu \otimes \mu) \to L_{\infty}(\Omega \to F, \mu)} \le 1$$

and

$$||T||_{L_1(\Omega \times \Omega \to F, \mu \otimes \mu) \to L_1(\Omega \to F, \mu)} \le 1.$$

It remains to interpolate the norm bound and apply it to f(x,y)=Z(x)-Z(y), for which  $Tf=Z-\mathbb{E}Z$ .

### Teaser (p = 0)

Let  $(F, \|\cdot\|_F)$  be a Banach space with  $\dim_{\mathbb{R}}(F) \leq 3$ . Then, for every pair of independent F-valued random vectors X, Y satisfying  $\mathbb{E} \ln(1+\|X\|_F) < \infty$  and  $\mathbb{E} \ln(1+\|Y\|_F) < \infty$ , we have

$$\mathbb{E} \ln \|X - X'\|_F + \mathbb{E} \ln \|Y - Y'\|_F \le 2 \, \mathbb{E} \ln \|X - Y\|_F$$

and

$$\inf_{z\in F}\mathbb{E}\left(\ln\|X-z\|_F+\ln\|Y-z\|_F\right)\leq 2\,\mathbb{E}\ln\|X-Y\|_F,$$

where X' and Y' are independent copies of X and Y, respectively.

Kalton-Koldobsky-Yaskin-Yaskina

F "isometrically" linearly embeds into  $L_0$ , where  $\|f\|_{L_0} := \exp(\mathbb{E} \ln |f|)$  for f such that  $\mathbb{E} \ln(1+|f|) < \infty$ .

### Teaser (p = 0)

Let  $(F,\|\cdot\|_F)$  be a Banach space with  $\dim_{\mathbb{R}}(F) \leq 3$ . Then, for every pair of independent F-valued random vectors X, Y satisfying  $\mathbb{E} \ln(1+\|X\|_F) < \infty$  and  $\mathbb{E} \ln(1+\|Y\|_F) < \infty$ , we have

$$\mathbb{E} \ln \|X - X'\|_F + \mathbb{E} \ln \|Y - Y'\|_F \le 2 \, \mathbb{E} \ln \|X - Y\|_F$$

and

$$\inf_{z\in F}\mathbb{E}\left(\ln\|X-z\|_F+\ln\|Y-z\|_F\right)\leq 2\,\mathbb{E}\ln\|X-Y\|_F,$$

where X' and Y' are independent copies of X and Y, respectively.

Kalton-Koldobsky-Yaskin-Yaskina:

F "isometrically" linearly embeds into  $L_0$ , where  $\|f\|_{L_0} := \exp(\mathbb{E} \ln |f|)$  for f such that  $\mathbb{E} \ln(1+|f|) < \infty$ .